

WEEKLY BULLETIN



Issue 29
Friday 3rd May 2019

Dear Parents and Carers

Welcome back after the Easter holidays, I hope that you and your family enjoyed the record breaking warm weather. This week saw the arrival of some rather unusual visitors to the school shown in the photograph on the right. The ducklings were found abandoned in the school grounds by a group of students who were keen to make sure that the brood survived. The ducklings were taken to Stapeley Nature Reserve where they are reported to be doing well.



Extra-Curricular Activities

We continue to provide an enriching and fulfilling wider curriculum offer with the release of this term's Extra-Curricular timetable. The clubs are available at lunch time and after school. They include Rounders, Cricket, Drama, Eco-Council and Rotary Interact to name just a few. Please see the attached link to view the full list of activities: <http://www.sirjohntalbots.co.uk/information/clubs-enrichment/>. All Key stage 3 students are expected to participate in at least one club each week. In addition to the after school clubs a number of trips and educational experiences will be taking place this term. Year 7 will be visiting the Opal Coast in May whilst groups of Year 9 and 10 students will be busy preparing for their Duke of Edinburgh's expeditions.

Equipment

Students have responded extremely well to our policy on school pencil cases and equipment and are now fully equipped for exams which have taken place this week for year 7, 8 and 9. It is important that students do not waste valuable exam and lesson time waiting for equipment to be handed out when they have not brought their own.

Breaking News

The Young Enterprise club run by Mr Richards, DT, attended an Awards Evening last night in Telford. We are very pleased to announce that both Mr Richards and the students received awards. Photographs and more information to follow next week.

Mrs Apperley, Associate Assistant Headteacher

Innovative Teaching Methods

Students have been enjoying innovative interactive Further Maths lessons with Mr Kay. Further Maths provides a challenging course for students and it is fantastic to see creative teaching methods making a contribution to the popularity of the course, with record numbers of students choosing to study the course.



Inter-Trust Football Friendly

Recently, Sir John Talbot's were welcomed by the Grove School, Market Drayton to take part in an Inter-Trust Football Friendly. Great sportsmanship was shown by both schools with the results as follows: Year 9 who unfortunately lost their match 10-2, Year 8 claimed victory with a fantastic score of 12-1 and finally, Year 7 drew against the Grove School with a final score of 3-3.



Upcoming Events

Year 8 Parents' Evening – Thursday 9th May 2019, 5.30pm – 7.30pm. Please confirm your attendance by completing our online booking form found at the following link: <http://www.sirjohntalbots.co.uk/event/year-8-parents-evening-3/>

Year 7 Opal Coast Trip, France – 24th May 2019 | **Sports Fest, Italy** – 27th May 2019

Duke of Edinburgh's Award

Training Expedition:

Before Easter Year 10 Silver Participants took part in their training expedition in the Berwyns & Llangollen area. It was three days of weather extremes. Starting in very snowy conditions meant the walking routes had to be changed, but the groups loved the opportunity to be out in the snow! The students then had a night of torrential rain and ended with needing sun cream on the final day! The groups coped extremely well with the elements thrown at them and they are now all looking forward to their qualifying expedition in July.



Gold Award Achiever:

Masie Owen who is currently at university in Manchester recently completed her Gold Duke of Edinburgh's Award. She came into school to receive her badge and certificate which was presented to her by Mrs Morcumb and Mr Sanders.



This is a fantastic achievement and Masie proved to be an excellent DofE participant completing all three levels at Sir John Talbot's School.

Girls Rugby

Before Easter our Under 13 Girls Rugby team played away against Lakelands Academy, with an excellent game of running rugby played by both teams. The strength and fitness of the Sir John Talbot's girls really shone through to claim the win in the second half. Special mention to Prue Noss who proved highly effective running in to score six tries. Contributions also came from Melissa Roberts and Nell Warner scoring two tries each and another two tries scored by Charlotte Perkins and Kiera Wilson. Considering this is the girls second ever game, they have really set the standard for future games. Well done to all who played!



Year 7 Latin

Year 7 students in Mrs Scott's Latin class were challenged to illustrate word prepositions. The students have produced some fantastic work, which has been put on display – well done all!



Supporting Your Child During Exam Time

Exams are a stressful time for any young person. Mood swings and outbursts are more likely to occur during this period. Look out for other signs that your child may be struggling, including poor sleep patterns or a change in appetite or behaviour. It is worth preparing ways of supporting your child during exam weeks and thinking about how you will react and respond on the day if they do not get the result that they, or you, are hoping for.

Make a difference:

1. Work with your child to find what revision style works for them.
2. Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
3. Make sure they are eating and drinking at regular intervals.
4. Encourage them to take some time after revising to wind down.
5. Reassure them – reinforce that you are and will be proud of them no matter what happens.
6. Remain positive and hopeful!
7. Plan a treat or an activity together to mark the end of the exams.
8. Set aside one to one time so that they can talk to you about any worries.
9. Let them know their feelings are valid and normal, but also offer support and solutions where possible.
10. Anxiety is often worst at night and this means it is useful to encourage good bedtime routine
11. Work with them to develop relaxation techniques.
12. If anxiety and stress start impacting their day-to-day life seek help from your GP.

This extract was taken from: <https://youngminds.org.uk/find-help-for-parents/parents-guide-to-support-a-z/parents-guide-to-support-exam-time/>, please visit the site for further useful guidance.

Date For Your Diary!

Please come along and support this fun bingo evening.

Prices:

£6 for a bingo book
£1 for the flyer game
£1 for a raffle ticket

Raising money for
Combat Stress UK



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